



Look what's new at our school! It's Farm-to-School Fresh Produce

Every Wednesday at lunch!
These farm-fresh fruits and vegetables from local farmers
are ripe and ready to eat.
Deeee-licious!

PLUOTS

A plu what? Pluot!
It's 75% plum and 25% apricot.
So sweet! So juicy! Sometimes
called dinosaur eggs for their
pretty speckled outer skin.
But pluots can also be
dark purple, green, pink
and red.



PERSIAN CUCUMBERS

Also this week, the cafeteria is serving the persian cucumber!
Only 5 to 6 inches long, these crunchy
cucumbers are fun to eat. They hardly
have any seeds, have a smooth,
thin skin - no need to peel it.
Just eat the whole cucumber
skin and all!

